

Race Date
August 11, 2013

Super Hero 5K Trot for Tripp
Age Group Results

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer Menclawicz		27	4647	4	22:26.1	7:15/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brandon Will		15	4153	1	19:03.5	6:09/M

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No age provided

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1	megan lacney-janda		0	4640	25	28:12.3	9:07/M

Male 1 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Luke Tilford		12	4694	9	24:39.9	7:58/M
2	Michael Ellis		13	3388	21	27:38.5	8:58/M
3	Ryan Ellis		10	3390	40	29:57.3	9:43/M
4	Alexandro Chaidez		12	3373	84	40:03.6	13:04/M
5	Robert Guzman		11	3400	98	42:45.4	13:56/M
6	Matthew Milenkoff		4	4649	116	55:04.9	17:55/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lindsey Artuso		19	3365	53	31:47.2	10:16/M
2	Robin White		19	4316	62	34:37.0	11:15/M
3	Macahlia Reyes		18	4666	64	34:52.4	11:16/M
4	Jordan Kwiatkowski		17	4639	78	38:51.3	12:35/M
5	Caylee Stahl		19	4682	94	42:01.0	13:39/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Whitney		18	4699	29	28:29.1	9:15/M
2	Patrick Sobkowski		17	4681	35	29:05.3	9:26/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer Campbell		29	3370	33	28:59.7	9:22/M
2	Kathryn Crook		23	3380	36	29:06.6	9:27/M
3	Janna Hinton		29	4627	37	29:13.2	9:28/M
4	Rebecca Lee		27	4642	49	31:14.9	10:07/M
5	Tara Torres		29	4697	54	31:48.5	10:18/M
6	Jessica Cardwell		25	3371	56	31:58.8	10:24/M
7	suzanne kertz		28	4636	59	32:45.4	10:39/M
8	Kathleen Saffa		20	4168	63	34:39.0	11:16/M
9	Nicole Frizzell		20	3397	65	34:52.8	11:17/M
10	Jessie Wylie		22	4700	69	35:34.0	11:36/M

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11	Melissa Rodriguez		28	4670	70	35:34.1	11:36/M
12	Sarah Garneski		26	3398	73	36:32.6	11:53/M
13	Melissa Drapac		28	3384	74	36:46.6	11:55/M
14	Brittney Schmidt		28	4675	76	37:35.1	12:12/M
15	Amanda Childress		22	3375	80	39:07.9	12:40/M
16	Katie Conte		27	3377	88	40:58.7	13:21/M
17	Cheryl Mulder		27	4209	95	42:19.2	13:46/M
18	Molly Strom		22	4684	102	44:30.8	14:24/M
19	Kelly Malloy		25	4646	103	44:31.1	14:25/M
20	Melissa Dickerson		24	3382	105	44:49.8	14:29/M
21	Erin Kempiski		28	4179	108	47:41.3	15:28/M
22	Becky Selsor		26	4152	114	52:15.9	16:56/M
23	Katie Krajnak		25	4638	121	58:24.3	18:58/M
24	Amanda Legros		25	4154	122	58:24.5	18:56/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Philip Santay		23	4673	8	23:54.5	7:44/M
2	Nicholas Hlebasko		21	4629	12	25:10.1	8:11/M
3	Scott Colville		28	4176	16	26:32.6	8:39/M
4	Jim Janda		25	4169	22	27:43.7	8:59/M
5	Christopher Tokarski		28	4695	23	27:44.7	8:59/M
6	Matthew Hinton		28	4626	34	29:04.5	9:25/M
7	Frank Brown		24	3368	50	31:15.9	10:07/M
8	Kyle Hamilton		24	4625	52	31:45.9	10:17/M
9	Jason Farley		28	3392	113	51:35.8	16:44/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sally Skipton		37	4679	14	26:24.4	8:33/M
2	Nicole Lee		30	4641	15	26:28.0	8:35/M
3	nicole pleasant		38	4661	18	27:27.8	8:52/M
4	Michelle j Finch		39	3395	19	27:28.8	8:53/M
5	Holly Tilford		39	4693	20	27:33.1	8:56/M
6	Heather Nafus		36	4654	26	28:22.6	9:12/M
7	Stephanie Crook		34	4184	27	28:26.8	9:16/M
8	Kristy Hite		34	4628	28	28:28.5	9:12/M
9	Veronica Maldonado		37	4181	30	28:37.9	9:17/M
10	Shannon Szelinski		32	4185	38	29:19.3	9:33/M

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Female 30 to 39

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11	Jennifer Smolnicky		38	4680	42	30:03.1	9:45/M
12	Jennifer Pozdzal		31	4663	43	30:03.6	9:45/M
13	teddi burt		37	3369	48	31:02.9	10:04/M
14	Natalie Obajtek		30	4658	57	32:25.4	10:32/M
15	Joreen Goodson		39	3399	66	34:58.9	11:21/M
16	Emily Frazier		33	3396	67	35:06.5	11:25/M
17	Samantha Rubalcava		30	4672	68	35:06.7	11:26/M
18	Robin Reyes		30	4665	71	35:50.9	11:37/M
19	Martha Rodriquez		39	4156	97	42:42.1	13:55/M
20	Jennifer Plys		31	4203	99	42:55.8	13:57/M
21	Kelli Manigrasso		31	4183	100	43:06.6	13:59/M
22	Dawn Nykodem		32	4656	109	47:50.1	15:34/M
23	Kelly Ellrich		36	4232	115	52:18.3	16:56/M
24	Tracie Milenkoff		38	4651	118	55:34.2	18:04/M
25	Tracy Coakley		35	3376	119	58:08.7	18:53/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Bradley		39	4201	2	21:28.0	6:56/M
2	Antonio Chaidez		37	3372	5	22:30.0	7:18/M
3	Jeremy Swindle		36	485	6	22:32.7	7:17/M
4	Michael Abramczyk		35	3363	7	23:21.3	7:34/M
5	Scott Tilford		38	4692	10	24:40.5	7:58/M
6	Steven Obajtek		31	4657	11	24:51.8	8:06/M
7	guy pleasant, jr		34	4662	17	26:50.0	8:40/M
8	Jesus Mendez III		37	4648	24	28:06.7	9:07/M
9	Justin Sawochka		35	4674	31	28:42.8	9:15/M
10	Scott Jacobs		32	4160	44	30:06.9	9:44/M
11	Javier Diaz		36	4161	60	32:53.4	10:43/M
12	tim nagle		31	4655	72	36:30.7	11:51/M
13	Joshua Waytovich		32	4698	81	39:11.5	12:42/M
14	Pat Raszipouits		38	4182	91	41:40.2	13:32/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Childress		45	3374	45	30:38.1	9:55/M
2	Jill Artuso		48	3364	46	30:38.6	9:55/M
3	cyndee TOKASH		46	4696	47	31:00.9	10:04/M
4	Darlynn Farley		45	3391	77	38:41.5	12:34/M

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Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Lisa Ellis		42	3387	83	39:48.9	12:57/M
6	Suzanne Schwartz		40	4676	85	40:17.8	13:04/M
7	Cindy Stahl		49	4683	87	40:38.9	13:14/M
8	Julie Stroud		45	4685	89	41:09.0	13:20/M
9	JENNIFER KASPEREK		42	4632	93	41:55.6	13:34/M
10	Julie Terrill		48	4691	96	42:35.0	13:51/M
11	stacy Taylor		43	4689	107	45:00.7	14:38/M
12	Teresa legros		47	4644	112	51:01.2	16:34/M
13	Rose Rockhill		42	4668	120	58:19.9	18:53/M
14	Sandy Kenner		42	4635	124	1:00:22.8	19:38/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Earl Brammer		44	3367	32	28:55.8	9:22/M
2	Eric Szelinski		40	4312	39	29:19.4	9:33/M
3	Mick Ellis		45	3389	41	30:01.5	9:49/M
4	Ted Mavity		48	4164	51	31:41.1	10:15/M
5	Tom Farley		48	3393	55	31:49.6	10:21/M
6	Bill Edwards		47	3385	82	39:19.1	12:46/M
7	Jeff Ellrich		41	4207	90	41:36.1	13:29/M
8	Jody Taylor		43	4688	101	43:44.9	14:14/M
9	Jim Kolwyck		49	4637	106	44:58.3	14:35/M
10	Ted Milenkoff		45	4650	117	55:05.4	17:54/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Laurie Parpart		50	4660	79	39:06.2	12:41/M
2	Joyce Einikis		57	3386	86	40:26.6	13:10/M
3	Maria Rodriguez		52	4669	92	41:54.6	13:34/M
4	Star Crider		51	3379	104	44:43.1	14:30/M
5	Teri Lee		55	4643	123	1:00:22.2	19:38/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Frank Johnson		50	4155	3	21:37.2	6:59/M
2	Manuel Rodriguez		54	4671	61	34:00.5	11:05/M
3	scott Cummings		56	3381	75	37:05.4	12:03/M

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Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Randy Crague		52	3378	111	49:59.6	16:13/M

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	morningsun kelly		60	4634	110	47:58.8	15:35/M

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	whitewolf kelly		61	4633	13	26:12.9	8:29/M
2	Jose Lopez		60	4645	58	32:43.5	10:36/M